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Introducing Laser 360°

near-infrared skin tightening!

Newsletter Sections

- Did you know? Diet and acne, real

What's new in skin care

relationship or fiction?

- Promotions
- Introducing Laser 360°...

Dr. Sommerville answers your questions

For a limited time, choose a package of any of the laser or light applications described below and receive as our gift to For more information about

3 Technologies paving the way to Complete Skin Rejuvenation

Tired of blotchy pigmentation, broken capillaries, fine lines and wrinkles, sallow, yellowish complexion caused by sun exposure, stress, suboptimal diet or inadequate sleep...Look no further than surprisingly affordable, little to no downtime, phenomenal Laser 360° with its 3 Technologies leading in 60-90 days to complete skin rejuvenation! Dr. Sommerville will personally. customize the treatment protocol to address your individual needs and concerns. Laser 360° is comprised of the following

you absolutely free a series of 3 sessions (\$1,800 value) of

procedures: Pixel Perfect Fractional Skin Resurfacing with the Pixel laser for fine lines, wrinkles, acne scars and large pores. A series of two to four

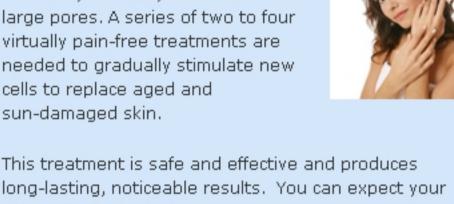
virtually pain-free treatments are

cells to replace aged and

sun-damaged skin.

needed to gradually stimulate new

skin to be flushed after treatment, yet any



post-procedure redness resolves in only one to two days. Make-up usually can be applied the next day. This laser can safely be used on the face, neck and chest. Pulsed Light Treatments targeting broken capillaries, redness, sun spots, blotchy pigmentation and fine lines

on the face, neck, chest and hands. A series of three

to five sessions are required and the treatments usually last about 20 minutes. After treatment,

patients can usually return to normal routines and

activities right away. Click here for more information on Intense Pulsed Light Therapy Skin Tightening with Near Infrared Technology for loose facial and neck skin. This deep dermal yet comfortable heating of the lipids and connective tissue

leads over time to new collagen production. A series of three to six treatments produce a tighter, fresher

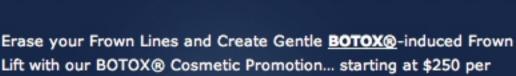
we invite you to call our office at 301.656.SKIN or click here to contact us by email.

our services or to check our

other exciting promotions,



of the American Academy of Dermatology. She dedicated to providing her with patients truly cutting-edge techniques carefully researched of safety terms and efficacy, in the atmosphere of trust and mutual respect. For more information on Dr. Sommerville, click here



Q.

Q.

Dr.S.

Dr.S.

PROMOTIONS

appearance.

Receive Free Lipid Drops, our Best-Selling Hydrating Serum

Cosmetic Procedure in the Month of February and March!

Loaded with Sphingolipids and Ceramides When you Schedule Any

generated by UV exposure offers at most a sunprotection factor (SPF) of less than 3. An SPF of 15 or

DR. SOMMERVILLE ANSWERS YOUR QUESTIONS

Is tanning ever a good thing?

area!

sunburn. Does using a sunscreen on a daily basis cause vitamin D deficiency? The same UV radiation responsible for DNA damage that causes skin cancer is also responsible for vitamin D production in the skin. Vitamin D is fundamental to bone developments and maintenance. Additionally, inadequate levels of Vitamin D are correlated with immune-related diseases such as type 1 diabetes, hypertension, rheumatolid arthritis, multiple sclerosis as well as cancers of the colon, prostate and breast.

The tanning industry would like you to believe that a

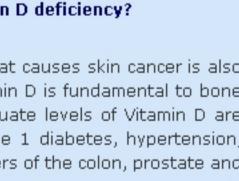
importantly, prolonged UV exposure can lead to DNA. damage and photoaging even in the absence of a

tan offers protection against sunburn (so called baseline tan). Studies however indicate that a tan

higher is required for proper protection. More

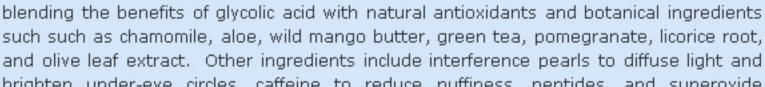
fortified orange juice and milk, as well as from supplements. Some data suggests that sunscreens with an SPF 8 or higher indeed reduce photosynthesis of Vitamin D by 95%.

Humans obtain vitamin D from UVB exposure, diet rich in oily fish, cod liver oil,



Brought to you by Allergan (also known for BOTOX® Cosmetic and Juvederm®), Revitalizing Eye Cream is specially formulated to reduce fine lines and dark circles in the sensitive area around the eye. VIVITE™ skin care line is known for its GLX Technology.

Introducing... VIVITE™ Revitalizing Eye Cream



such such as chamomile, aloe, wild mango butter, green tea, pomegranate, licorice root, and olive leaf extract. Other ingredients include interference pearls to diffuse light and brighten under-eye circles, caffeine to reduce puffiness, peptides, and superoxide dismutase.

Diet and acne, real relationship or fiction?

DID YOU KNOW?

WHAT'S NEW IN SKINCARE

Recent study published in the Journal of Americam Academy of Dermatology indicates that consumption of milk, even skim milk, may indeed contribute to acne. Milk contains androgen hormones, androgen precursors, and other nonsteroidal growth factors that affect the pilosebaceous unit, a vital structure in acne formation. The study suggested that vitamin D intake may have an independent role in acne formation.

treatment plans, please consider scheduling an appointment with Dr. Sommerville.

The information contained in this newsletter is of a very general nature. For specific advice and

promotions, we invite you to call our office at 301.656.SKIN (7546) or visit our website at www.chevychasedermatology.com

To find out more about any of the above procedures, or to check our other exciting